 **MCH – COVID 19 EMERGENCY RELIEF 2020**  
Madhipura Christian Hospital


**BENEFICIARY CARD**

Name SIBU Serial No. 7 Village PRATAPNAGAR  
IdType RATION CARD Id Number 101100 00380205

**ITEM RECEIVED**

1. Rice (25 Kg) <input checked="" type="checkbox"/>	2. Dal (5 Kg) <input checked="" type="checkbox"/>	3. Sattu (3 Kg) <input checked="" type="checkbox"/>	4. Oil (1 Ltr) <input checked="" type="checkbox"/>
5. Salt (1 Kg) <input checked="" type="checkbox"/>	6. Surf (2Kg) <input checked="" type="checkbox"/>	7. Soap (2 nos) <input checked="" type="checkbox"/>	

**VERIFIED MCH**  
Seal of Verification

  
Signature of Project Manager



# 2019

Helping India Together  
**ANNUAL REPORT & GOALS FOR 2020**

DEVOTED TO AIDING THE IMPOVERISHED PEOPLES OF INDIA







## A letter from the Director

Dear Friends,

Earlier this year - arriving back in the U.S. just days before the lockdown in India went into effect - HIT sent a nine-person team to visit our partners and see the projects we support. We were able to travel through villages and meet with school teachers, hospital workers, community health workers, and emerging leaders. We delivered medical supplies to hospitals and livestock deworming medication in communities just before they would be desperately needed. *It was monumental timing, and we didn't even realize it.*

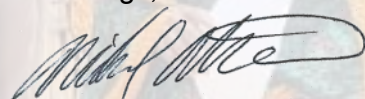
Right now we are raising emergency relief funds to provide food for hard-hit communities, and we are trying to do this while keeping our commitments that students can stay in school and medical staff can have supplies. We can only take on these challenges because of your support.

Last year, through your help, HIT grew by more than 40 percent, which enabled us to:

- Increase our scholarships for men and women from impoverished backgrounds to go to nursing school.
- Construct the first ever auditory testing room at an EHA hospital.
- Initiate a new high school training center to provide more advanced education in rural India.
- Expand our partnership with Mere Saathi to provide veterinary care for animals owned by impoverished women.
- Invest in leadership training.

This has been a breakout year for HIT, and your partnership has made a huge difference. More than \$112,000 was raised for projects in 2019.

Blessings,



Michael L. Atchison, Ph.D.  
Director  
Helping India Together



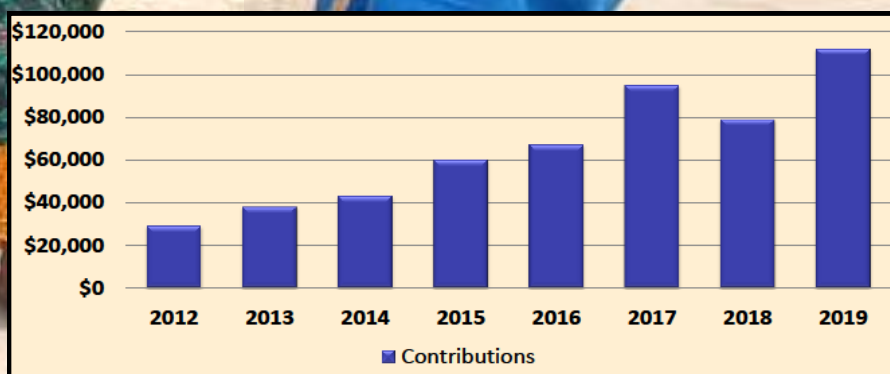
### HIT Leadership

#### Officers:

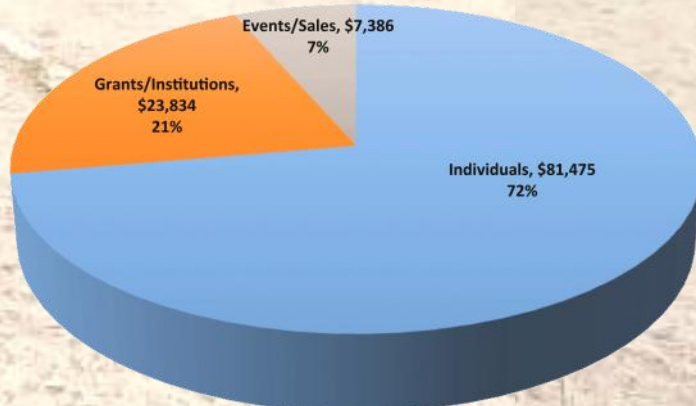
Michael Atchison (Executive Director)  
Nadine Constantine (Secretary)  
Michael Andrews (Treasurer)

### Board of Trustees

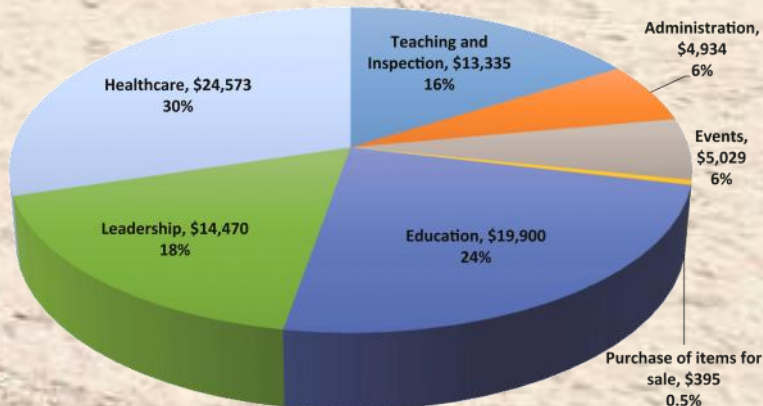
Joanna Andrews	Rebecca Mellis
Piper Fordham	Malcolm Osborn
Aisha Ghias	Raja Paulraj
Judi Lemay-Lusk	Adam Shambaugh
	Edward Spector



### Income



### Expenditures







## Auditory Testing Facility:

This year, HIT helped build the first auditory testing facility in the Sonbhadra district, population 1.86 million, and the first such facility in any of the 20 hospitals in the EHA network. A 25-year-old man with severe deafness in both ears was the first to be tested and fitted with digital hearing aids. Before coming to the facility, he had wanted to get married, but the girl's family refused because of his hearing loss. General hearing aids didn't help. Dejected, he came to the hospital after a relative told him about the new clinic.

"He was so delighted to hear sounds (clearly) that he could not appreciate before..." the ENT said. "Hopefully, he may have found his life partner by now."

## Healthcare *(Nursing & Physician Education):*

We continued to sponsor young women and men identified by our partners to have the intellect, compassion, and skill to be nurses, but who have no material means to accomplish that goal. This past year we supported 14 students in nursing school. Six students have now graduated and are working in the hospital system earning 5 times their former salaries, enabling them to deliver quality healthcare in their own communities. This year we got to meet with four of our supported graduates and to learn of the transformation in their lives. It was humbling to hear how our support not only changed their lives, but also changed the economic status of their families, and the perceived value of education in their villages. We also met the doctor whom we have supported for the past 3 years for advanced medical training. He now works at the referring hospital as a surgeon, joined by his wife, a pediatrician.

**Plans for 2020:** *We are currently supporting 14 students for nursing school, and in the coming year we plan to expand this work to support 18 students, and advanced medical training for one doctor.*



(Photo Credit: EHA)



## Veterinary Care:

Over the past three years HIT has partnered with **Mere Saathi** to deliver veterinary care to the animals owned by impoverished women from rural villages. Increasing the health of the animals improves their milk production and thus provides valuable protein for children, and increases the income of the women enabling their children to attend school. This year Dr. Audrey Barker brought a team to work with and train community health workers to treat livestock with anti-parasitic medication.

The community health workers are really our eyes on the ground in the community, Dr. Barker said. They don't just want to deworm (the animals) and get out. They are working to solve problems in their community. This was a year of strengthening relationships with the team as they delivered the anti-parasitic medication, and together treated more than 1,600 animals, helping more than 500 families. These women reported that the treatment was a tremendous success. The animals were healthier, producing more milk and offspring.

**Plans for 2020:** *With additional investment and continued partnership with Mere Saathi, we plan to complete the second treatment for the 1,600 animals treated last March, and plan to increase treatments to 2,000 animals.*



2019-20

Healthcare





## Education:

Last year we helped expand St. Thomas primary school that supports 100 students, 25 from illiterate tribal backgrounds. Many of these students are the first in their families to attend school, and the first to know how to read and write.

On our most recent trip, we were able to visit our study center partners who serve over 3,000 children, raising the level of primary education for impoverished students. We met with the 80 teachers who run these study centers, and celebrated the 10th year anniversary of supporting and providing lessons to them. We are very encouraged with their increased skills as educators.

After years of planning, we were able to help start a new coaching center that provides more advanced education in English, Math, Biology, Chemistry and Physics for high school students. It was exciting to see the center open, and to meet with the inaugural class of 25 students. We are excited about this initiative because it promises to take students far beyond their current education level, and will provide a cost-effective way of delivering high quality education.

**Plans for 2020:** In the coming year we are supporting expansion of the St. Thomas school to 125 students, and the expansion to include all levels up to grade 8. We also hope to grow the high school study center. In addition, we plan to initiate new educational scholarships for children of HIV/AIDs patients, as these families often have little financial resources for education.



## Leadership Development:

“Mental Health is going to be the co-pandemic with Covid-19” said HIT board member Dr. Raja Paulraj. This past year we linked rural indigenous leaders with high-quality training material that HIT was able to pay for. We were able to visit them recently to give more training and provide additional materials.

This investment could not be more crucial. The Covid-19 crisis has increased and intensified everyday hardships, pushing the poor further below the poverty line. Isolation, unemployment, poverty, fear of death, and anxiety of everyday life have increased the likelihood of short term and long term need for mental health counseling and care.

For the third year, we provided training sessions that included both men and women, enabling discussions on partnerships between husbands and wives in their work. We also invested in leaders beginning a new work to address the serious mental health crisis in India. There is a huge shortage of mental health workers in India, and this new initiative will begin to address this shortage.

***Plans for 2020:*** Stress and depression will hit India hard this year, particularly with its lack of trained mental health counselors. We plan to increase our investment in counseling materials and training new local leaders.



2019-20 Education & Leadership Development







## How can you Help?

Your partnership has enabled HIT at every step. Are you interested in partnering in further expansion?

**\$65** per month supports a student for nursing school education.

**\$20** per month enables:

Education, boarding and three meals a day for a tribal child, or  
Training of a high school student in advanced subjects, or  
Educational scholarships for children of an HIV/AIDS patient.

**\$10** per month provides anti-parasitic medication for 30 animals,  
empowering 10 families.

**\$50** per month provides leadership training of an indigenous leader.

Donate online at [www.helpingindiaitogether.org](http://www.helpingindiaitogether.org) or mail donations to:

**Helping India Together**  
500 General Patterson Dr.  
Glenside, PA 19038

Please consider becoming an **HIT Advocate** by giving monthly.  
In addition, giving through ACH or direct bank transfer is the most valuable  
approach as it saves the 3% normally charged for credit card processing.

Contact us at:  
[info@helpingindiaitogether.org](mailto:info@helpingindiaitogether.org)

[www.helpingindiaitogether.org](http://www.helpingindiaitogether.org)

011-1-215-576-7610

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